

## PRIMETIMERS NEWSLETTER

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### OCTOBER FABULOUS FRIDAY LUNCH – Oct 27<sup>th</sup>

As the days begin to get a bit colder, you are invited to stop in and warm up with a delicious hot meal, great conversation with friends and uplifting gospel music. In October our Fabulous Friday event will be a lunch at **12:00 noon on October 27<sup>th</sup>**.

Following lunch we will be joined by **Norm and Joy Phillips**. Norm and Joy are no strangers to Fabulous Fridays. Whether Norm plays his trombone accompanied by Joy on the keyboard or leads us in singing some familiar gospel choruses we guarantee that your day will be significantly brightened by joining us here on **Friday October 27<sup>th</sup>**.

For more information or to reserve a spot for you and your friends call Pastor Doug at 905 873-0250 X102 or e-mail at [doug@livinghopealliance.org](mailto:doug@livinghopealliance.org).

### SIMCOE CHRISTMAS PANORAMA RIVER OF LIGHTS



Announcing a Christmas-themed event you will not want to miss!!

We have planned a luxury bus excursion to Simcoe to view the Simcoe Christmas Panorama of Lights on **Thursday the 30<sup>th</sup> of November**.

We invite you to board our coach at 1:45 pm here at Living Hope Alliance Church. Upon arriving in Simcoe, we will enjoy a delicious Italian meal and then be taken to the welcome centre to begin our 45 minute narrated tour of the light display.

After our bus tour, you will have an opportunity to walk along some of the route or relax with coffee and a cookie at the welcome centre. We expect to arrive back in Georgetown around 8:00 pm.

The cost for the entire trip is only \$65.00 (includes coach fare, supper and all tips). To reserve your seat please call Leslie at (905) 873-0249 M-F 9:00 am to 1:00 pm.

We hope that you will be able to join us!!



**MARK YOUR CALENDARS . . .**

# OCTOBER 2017

SUN	MON	TUE	WED	THU	FRI	SAT
1  9:30 am Worship Service	2  9:00 am to Noon Exercise Classes	3  10:00 am Devotional @ LHAC	4  9:00 am to Noon Exercise Classes	5	6	7
8  9:30 am Worship Service	9  <b>Thanksgiving No Exercise Classes Today</b>	10  10:00 am Devotional @ LHAC	11  9:00 am to Noon Exercise Classes	12	13	14
15  9:30 am Worship Service	16  9:00 am to Noon Exercise Classes	17  10:00 am Devotional @ Mountainview Residence	18  9:00 am to Noon Exercise Classes	19	20	21
22  9:30 am Worship Service 2:00 pm Extendicare	23  9:00 am to Noon Exercise Classes	24  10:00 am Devotional @ LHAC	25  9:00 am to Noon Exercise Classes	26	27  <b>12:00 NOON FABULOUS FRIDAY LUNCH AND CONCERT</b>	28
29  9:30 am Worship Service	30  9:00 am to Noon Exercise Classes	31  10:00 am Devotional @ LHAC		30	31	



# NOVEMBER 2017

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5  9:30 am Worship Service	6  9:00 am to Noon Exercise Classes	7  10:00 am Devotional @ LHAC	8  9:00 am to Noon Exercise Classes	9	10	11
12  9:30 am Worship Service	13  9:00 am to Noon Exercise Classes	14  10:00 am Devotional @ LHAC	15  9:00 am to Noon Exercise Classes	16	17	18
19  9:30 am Worship Service	20  9:00 am to Noon Exercise Classes	21  10:00 am Devotional @ Mountainview Residence	22  9:00 am to Noon Exercise Classes	23	24  <b>NOON FABULOUS FRIDAY LUNCH AND CONCERT</b>	25
26  9:30 am Worship Service 2:00 pm Extencicare	27  9:00 am to Noon Exercise Classes	28  10:00 am Devotional @ LHAC	29  9:00 am to Noon Exercise Classes	30  <b>1:45 pm BUS EXCURSION SIMCOE CHRISTMAS PANORAMA</b>		

CHECK US OUT AT: [livinghopealliance.org](http://livinghopealliance.org)



PHOTO OF THE STIFF FAMILY

## CHRISTMAS FABULOUS FRIDAY LUNCH AND CONCERT – Nov.24<sup>th</sup>

Does your calendar quickly fill up around Christmas? If the answer is “yes” – I suggest that you get it out right now and pencil in **Friday the 24<sup>th</sup> of November**.

Our Annual Christmas Luncheon is ALWAYS a big event. As a special treat we are welcoming back to LHAC – the Stiff Family. If you recall, they joined us in February and the resounding response is that they needed to return – and SOON!!

This very talented family of 6 (Mom, Dad, and 4 children) will feature fiddles, banjo, mandolin, guitar, and bass viol along with their voices to present their unique renditions of familiar

Christmas melodies. Who knows – maybe you will be asked to sing along?

At NOON we will be serving wonderful Christmas meal. The gym will be decorated to reflect the festive season, the food will be delicious, and we will keep you smiling with some Christmas-themed table activities.

Then we will head upstairs for a delightful Christmas concert with the Stiff Family.

For more information or to reserve a spot for you and your friends call Pastor Doug at 905 873-0250 X102 or e-mail at [doug@livinghopealliance.org](mailto:doug@livinghopealliance.org)

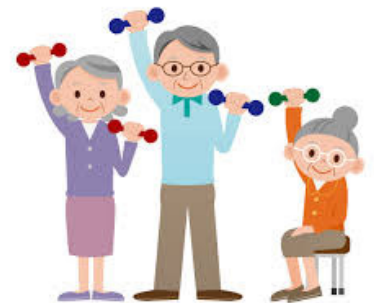
## FREE EXERCISE PROGRAM FOR OLDER ADULTS

**Monday and Wednesday mornings 9:00 am to 12:00 Noon**

We are thrilled to be able to continue to offer a free exercise program for older adults. Every Monday and Wednesday morning between 30 to 50 older adults participate in an “older adult friendly” exercise program led by a trained professional from Lifemark Seniors Wellness.

Each morning session is divided into 3 individual classes: 9:00 am to 10:00 am - General Exercise, 10:00 am to 11:00 am - Falls Prevention Exercises (increased balance and agility), 11:00 am to 12:00 Noon - General Exercise.

You can drop in anytime to enjoy one or more 1 hour sessions. For more information please call Doug at 905 873-0250 X 102 or go to [www.lifemarkseniorswellness.ca](http://www.lifemarkseniorswellness.ca)



For Pastoral Care, contact: Pastor Doug Kelley at (905) 873-0250, ext 102